

## **Ask Your Doctor**



## **Secondary Health Risks**

Here are some questions to help you start a discussion with your doctor about long-term health risks from pancreatic cancer treatment.

- 1. How does my treatment history impact my risk for other cancers or chronic conditions?
- 2. What lifestyle changes can I make to reduce my risk of developing secondary health problems?
- 3. How can I stay proactive about my overall health moving forward?
- 4. What regular screenings or tests should I undergo to monitor for secondary health issues?

## Managing secondary risks

- 1. What symptoms should prompt me to seek medical attention for potential secondary health issues?
- 2. How will your team help me with long-term health management post-treatment?
- 3. Should I work with other specialists for ongoing care?
- 4. How often should I schedule follow-up appointments to discuss potential secondary health risks?