



Lifestyle Concerns

How will treatment impact your lifestyle? Here are some questions to help you start a discussion with your doctor.

1. What lifestyle changes should I consider during treatment?
2. Can I continue working or doing my normal activities?
3. Is it safe for me to exercise, travel, or be around others?
4. Do you have specialized dieticians who can help me manage my diet and nutrition, and the side effects from treatment?
5. How can I manage fatigue or "chemo brain" and other side effects?
6. Do you have other resources who can help with any questions related to insurance/other complications?
7. What other resources are available for emotional and psychological support?