



Life on Treatment

Starting treatment brings new challenges and questions. Here are some questions to help you start a discussion with your doctor about what you might expect.

1. How will treatment affect my quality of life?
2. What are the side effects of chemotherapy, and what can I expect?
3. Do I need to see any specialists?
4. Can I continue working or doing my normal activities?
5. What should I eat or avoid during treatment? Should I see a nutritionist?
6. How can I manage fatigue or "chemo brain" and other side effects?
7. Are there emotional or mental health resources available?
8. What other resources are available for emotional and psychological support?