

Ask Your Doctor



Follow-up and Monitoring

Treatment may have ended but your worries remain. Here are some questions to help you start a discussion with your doctor about what happens next.

- 1. How often should I have follow-up appointments after my treatment is completed?
- 2. How will we monitor you for any potential recurrence during follow-up visits?
- 3. What tests or scans (MRI, CT, PET) will be part of my follow-up care
- 4. How often will I have those tests?
- 5. What is the likelihood of a recurrence? Specifically, what signs or symptoms should I be aware of that might indicate a recurrence of cancer? When should I be worried?
- 6. How should I communicate any new symptoms or concerns that arise between appointments?
- 7. What educational materials can help me understand my post-treatment journey?
- 8. Who should I contact if I have urgent questions or issues?

Treatments for a recurrence

- 1. What treatment options are available if I have a recurrence?
- 2. If I have chemotherapy, do I need to have it forever?