



### Concerning Symptoms

If you want to know more about the symptoms of pancreatic cancer here are some questions to help you start a discussion with your doctor.

1. What symptoms are commonly associated with pancreatic cancer?
2. Could my symptoms be associated with pancreatic cancer?
3. What other health care issues could explain my symptoms?
4. What symptoms should I be vigilant about?
  - a. Unexplained weight loss
  - b. Loss of appetite
  - c. Fatigue or weakness
  - d. Upper abdominal or back pain
  - e. Jaundice (yellowing of skin and eyes, dark urine, pale stools, itchy skin)
  - f. Digestive issues (bloating, nausea, greasy or light-colored stools)
  - g. New-onset diabetes or sudden changes in blood sugar
  - h. Blood clots (unexplained or recurring)
  - i. Depression or mood changes
  - j. Extreme itching
5. What is the next step if I have concerning symptoms?
6. What tests will I need?