



Risk Factors

Are you worried that you are at risk for getting pancreatic cancer? Here are some questions to help you start a discussion with your doctor.

1. What are the common risk factors for pancreatic cancer?
2. How does (diabetes/pancreatitis/pancreatic cyst/my family and medical history) affect my risk for pancreatic cancer?
3. How is pancreatic cancer diagnosed? What tests will I need?
4. What symptoms should I be vigilant about?
 - a. Unexplained weight loss
 - b. Loss of appetite
 - c. Fatigue or weakness
 - d. Upper abdominal or back pain
 - e. Jaundice (yellowing of skin and eyes, dark urine, pale stools, itchy skin)
 - f. Digestive issues (bloating, nausea, greasy or light-colored stools)
 - g. New-onset diabetes or sudden changes in blood sugar
 - h. Blood clots (unexplained or recurring)
 - i. Depression or mood changes
 - j. Extreme itching